

**Physical Training Instructor
(PTI) (RAF Reserves)
Security and Resilience Operations**

The RAF Reserves (RAFR) Physical Training Instructor delivers physical education to the RAF Reserves population and delivers operational support through employment on Regular RAF Stations by Backfilling PEd Flts to deliver Physical Education to the Whole Force, Regular and Reserve.

KEY POINTS

- The only professional instructor Profession within the RAF.
- Exciting training opportunities to progress your career.
- Very competitive salary after training.

SPECIALISATION OVERVIEW

The RAFR PTI is in a unique position in Defence. The PEd functions, whilst providing a critical output to RAF and RAFR operational preparedness, is to also develop the knowledge, skills and attitudes for all RAFR PTIs to progress and where opportunities afford, train as an Adventurous Training Leader (ATL). The RAFR PTI specialisation is a very diverse and exciting career choice with opportunities also available in Survival Training, Training Consultancy and Leadership Development.

PROFESSION

The specialisation of Physical Training Instructor is part of the Sy & Resilience Ops Profession within the RAF, which also includes RAF Regiment Gunner and RAF Police. Professions in the RAF are distinct areas of defence expertise where common skills and attributes are required to deliver on demand. Service Personnel may be employed within any of the disciplines in their Profession depending on their aptitude, qualifications, career aspirations and the Service need.

REWARDS FROM RAF LIFE

- Competitive pay
- Training and lifelong learning
- Subsidised food and accommodation
- Free gym and sports facilities
- Adventurous training opportunities

RESERVE ENTRY REQUIREMENTS

TRANSFERABLE SKILLS:

The qualifications you can earn are as valuable in the civilian world as they are in the RAF – which means that whenever you decide to leave the RAF, you will be well placed to find a job in the physical recreation and leisure industry or wider in the training delivery and assurance field.

Physical Training Instructor

Age: 18-54*

*Must attest before 55th birthday. – Ex-Regular PTIs over the age of 55 may be considered on a case by case basis.

INITIAL SELECTION:

To be considered for specialist selection all candidates are required to submit a CV for consideration. The minimum requirements for selection is to hold a Personal Trainer Level 3 with the Chartered Institute for the Management of Sport and Physical Activities (CIMSPA), have evidence of working within the industry for 2 of the last 5 years and have evidence of teaching groups physical exercise classes.

Qualifications:

You will need to have attained GCSEs at Grade C (Grade 4 to 5 with effect from Aug 17) in English Language and Mathematics; or SCE Standard Grades at Grade 2/Scottish National 5 (Grade A – C) in English and Mathematics by the time you are promoted to substantive Cpl (usually around 2-3 years of attestation).

Pay:

Visit <https://www.raf.mod.uk/recruitment>

RECRUIT TRAINING

If successful during the selection process your career will start with Basic Recruit Training consisting of 8 days of training at your parent Sqn followed by a second phase of 15 days residential Basic Recruit Training at RAF Halton in Buckinghamshire. The course is designed to help you adjust to a military environment. As well as fitness and military training, you will also learn about the RAF lifestyle.

Nationality: You must be a citizen of the United Kingdom or the Republic of Ireland, holder of dual UK/other nationality or have been a Commonwealth citizen since birth.

Disclosure & Barring Service: All applicants for the PTI Specialisation will be subject to Disclosure and Barring Service clearance prior to entry in to service.

SPECIALIST TRAINING

The specialist training course of 15 days is held at the School of Physical Training, RAF Cosford near Wolverhampton. The course will qualify you in class instructional techniques across a broad range of physical domains and Human Performance, the effects of exercise on the body, leadership, coaching techniques, sports administration and officiating.

ONGOING TRAINING/DEVELOPMENT OPPORTUNITIES

All successful RAFR PTIs will be given opportunities as advertised by the WO TG10 RSVRS or wider publications to undertake development training throughout their careers. These can include Adventurous Training, Aircrew Conditioning, Survival Evasion Recovery and Extraction Training, Exercise Rehabilitation Training, Parachute Jumping Instructor Training and many more opportunities that are offered as part of the Regular and Reserve PTI role.

PTVR DELIVERY OF TRAINING

All RAFR PTIs, trained or untrained will be expected to meet their Terms and Conditions of Service (TCoS) by undertaking Mandated and Annual Continuation Training (ACTs). ACTs are the delivery of TG10 activities and must be an accumulation of a minimum of 15 days training. These days are to be in combinations of not less than 5 days at a time, with the exception of one 3 or 4 day period in any financial year. The achievement of the ACTs will see personnel eligible for the award of annual Bounty. ACTs are done at RAF Units by placement in conjunction with WO TG10 RSVRS.

YOUR FUTURE CAREER PROSPECTS AND PROGRESSION:

All RAFR PTIs, on successful completion of the Specialist Interview will be available to deliver trg in support of their RAF Reserves Sqn and Regular RAF Stations iaw the civilian qualifications they hold. On completion of the Specialist Trg at RAF Cosford, the RAFR PTI will undergo a period of Workplace Trg (WpT) which must be supervised by a more senior and qualified PTI or Legacy PEd Officer. Candidates have 2 years to complete this trg and once completed will be eligible for further trg within TG10 prior to promotion to substantive Cpl. During the WpT period RAFR PTIs must be supervised until the objectives are signed off by the SofPT. Additionally during this period, the RAFR PTI may support the RAuxAF and Regular RAF utilising all qualifications and trg authorised by the SofPT. On Completion of the WpT all RAFR PTIs must complete the Trade Management Trg (TMT) and Force Development Facilitators Course (FDFC). Only once these have all been completed and a positive recommendation for promotion has been received can a RAFR PTI become eligible for Junior Management and Leadership Courses (JMLC) and attain substantive rank. On completion of JMLC a RAFR will attain their Combat Ready (CR) rating and can operate fully without any supervision.

RAFR PTIs can subsequently make themselves available for additional trg courses that benefit the development of the RAFR PTI and the Specialisation.

Promotion to the rank of Sgt requires specialist trg in line with the e-Role Specification for the Regular PTI and this information can be obtained from WO TG10 RSVRS or your recruiting staffs.

Selection: After passing the Defence Aptitude Assessment, Selection Interview and Medical Assessment, you will spend 1.5 days at the School of Physical Training, RAF Cosford undertaking a PTI Specialist Vetting. You will be assessed on the following elements:

Junior Non-Commissioned Potential and Personal Qualities
Physical Fitness
Transferable Motor Skills
Functional Movement Screening
Presentation Skills
Swimming Ability
Stamina and Physical Courage Assessment
Teaching Ability

Residency: Whether or not you were born in the United Kingdom, you should have resided there for the 5 years immediately preceding your application but candidates with a minimum of 3 years will be considered.

A Modern Force: The RAF recognises the value of a person's ability no matter their ethnicity, social background, religion or belief, gender identity, sexual orientation or marital status/civil partnership.

Register your interest in this role:

Online:

<https://www.raf.mod.uk/recruitment>

or

Telephone: 0345 606 9069

To access the Trade/Specialisation Ambassador Network (TAN) Scheme and connect with a specialist in your local area or for further information on the Profession and Specialisations, please contact:
22Gp-TrgPol@mod.gov.uk



This information was last updated in 01 Oct 21, but may have changed since. If you have any queries, please check with RAF Staff at any Armed Forces Careers Office or RAF Reserves Squadron.

Search online for other specialisations both Regular and Reserve <https://www.raf.mod.uk/recruitment>



NO ORDINARY JOB